IN THE CLAIMS:

Please amend claims 1, 9, and 17 as follows:

(currently amended) An article of footwear comprising:
 a sole having a front portion and a rear portion;

an insole <u>having a front portion and a rear portion</u>, with the front portion of the <u>insole connected to the front portion of the sole</u>, and with the rear portion of the insole spaced apart from the rear portion of the sole and forming a space therebetween;

a heel connected directly to and positioned between the rear portions of the insole and the sole, the heel having a height greater than the thickness of the insole, with the heel being composed of a substantially solid material throughout which substantially fills the entire space between the rear portions of the insole and the sole rearward of a junction of the front portions of the insole and the sole; and

a cushion positioned on [[a]] the rear portion of the insole above the heel.

- 2. (original) The article of footwear of claim 1, further comprising:a strap for removably securing at least the insole to the foot of a wearer.
- 3. (original) The article of footwear of claim 2, further comprising: a fastener for removably attaching a portion of the strap to the insole.
- 4. (original) The article of footwear of claim 3, wherein the fastener is a hookand-loop fastener.
- 5. (original) The article of footwear of claim 1, wherein the solid material of the heel is hardened plastic.

- 6. (original) The article of footwear of claim 1, wherein the heel includes:

 a bottom portion of a first predetermined width; and

 a middle portion positioned vertically above the bottom portion and having a
 second predetermined width less than the first predetermined width.
- 7. (original) The article of footwear of claim 1, wherein the heel includes:

 an aperture passing through the heel and extending from one lateral side to the other lateral side of the heel.
 - 8. (original) The article of footwear of claim 1, further comprising: a logo attached to a lateral side of the heel.
- 9. (currently amended) An article of footwear comprising:
 a sole having a front portion and a rear portion;
 a heel positioned over the rear portion of the sole, with the heel composed of a substantially solid material;

an insole having a front portion and a rear portion, with the rear portion connected directly to and positioned upon the heel with the heel substantially filling a space formed between the rear portions of the insole and the sole rearward of a junction of the front portions of insole and the sole, and with the front portion of the insole connected directly to and positioned upon the front portion of the sole; and

a cushion positioned on [[a]] the rear portion of the insole above only the heel;

wherein the heel has a height greater than the thickness of the insole.

- 10. (original) The article of footwear of claim 9, further comprising:

 a strap, attached to the insole, for removably securing at least the insole to the foot of a wearer.
 - 11. (original) The article of footwear of claim 10, further comprising:

 a fastener for removably attaching a portion of the strap to the insole.
- 12. (original) The article of footwear of claim 11, wherein the fastener is a hookand-loop fastener.
- 13. (original) The article of footwear of claim 9, wherein the solid material of the heel is hardened plastic.
- 14. (original) The article of footwear of claim 9, wherein the heel includes:

 a bottom portion of a first predetermined width; and

 a middle portion positioned vertically above the bottom portion and having a
 second predetermined width less than the first predetermined width.
- 15. (original) The article of footwear of claim 9, wherein the heel includes:

 an aperture passing through the heel and extending from one lateral side to the other lateral side of the heel.

- 16. (original) The article of footwear of claim 9, further comprising: a logo attached to a lateral side of the heel.
- 17. (currently amended) An article of footwear comprising:

 a sole having a front portion and a rear portion;

 a heel positioned over the rear portion of the sole, with the heel composed of a solid material;

an insole <u>having a front portion and a rear portion</u>, with the rear portion of the <u>insole connected directly to and</u> positioned upon the heel and <u>with the front portion of the insole positioned upon</u> the front portion of the sole, with the heel filling a space formed between the rear portions of the insole and the sole rearward of a junction of the front portions of the insole and the sole;

a cushion positioned on [[a]] the rear portion of the insole above only the heel; and

a strap, attached to the insole, for removably securing at least the insole to the foot of a wearer;

wherein the heel has a height greater than the thickness of the insole.

18. (original) The article of footwear of claim 17, further comprising:
a fastener for removably attaching a portion of the strap to the insole.

- 19. (original) The article of footwear of claim 18, wherein the fastener is a hookand-loop fastener.
- 20. (original) The article of footwear of claim 17, wherein the heel is composed of hardened plastic.
- 21. (original) The article of footwear of claim 1, wherein the cushion extends along at least a portion of a peripheral edge of the insole.
- 22. (original) The article of footwear of claim 21, further comprising:

 a retaining device for retaining at least a portion of the foot substantially adjacent to the insole.